

# Indraprastha

RI President: Jenifer E. Jones      Dist. Governor : Ashok Kantoor      President : Rtn.: Vinod Sawhney

YEAR OF CHARTER 1939

Indraprastha No 5/22-23, 4<sup>th</sup> & 11<sup>th</sup> August

## VISIT OF RI PRESIDENT JENIFER E. JONES TO DELHI

Our Distt 3011 & 3012 had organized the visit of RI President Ms. Jennifer Jones to Delhi at Hyatt Andaz Hotel with her husband. She stayed in India starting from Pune to South & North of India for almost a month. She spoke so eloquently about her Rotary theme “Imagine Rotary” for advocating Rotarians to do service and fellowship amongst all.



## Visit to our Physiotherapy Centre at Amar Colony

Visited our Physiotherapy Centre at Amar Colony and interacted with Netu and her volunteers. They are doing an excellent job and keeping our club flag flying very high. The few patients whom we met were highly satisfied. In this locality there high demand for Rotary Physiotherapy Centre and even patients are coming from far-off places. They need another trolley and an exhaust fan costing around Rs 3000/-.



### Therapy Recommended to the Patients

Total number of Sessions given in 4 months	718	Month	Total Patients	Ultrasonic	Laser	Exercise	IFT	SWD	Pulley
		March	109	68	4	92	3	6	9
Number of working hours	200	April	140	95	15	140	8	8	5
		May	195	140	25	195	10	7	16
		June	140	66	12	109	5	6	7
		July	177	85	22	177	18	11	9

# TEEJ CELEBRATION

Teej was celebrated by our club on 06 August at Ph.D. Chamber of commerce with much fanfare from 7 PM till around 11:45 PM. The dress color for the day was green aka ladies were to be in a green saree / green salwar kameez and men were to don green shirt/kurta pajamas.

The ladies were welcomed with a "Gajra" - to be worn on their right wrist followed by a Mehndi" work on their palms. There was a sumptuous spread of Veg & non-vegetarian snacks and drinks courtesy of the caterer - MOETS, and all helped themselves to the same.

Rtn Girdhar ji gave some old Hindi movie numbers while President Vinod Sawhney gave ghazals by Jagjit Singh & Talat Mahmood. The "Teej Nite" ended with a sumptuous spread of Indian cuisine having assorted Non-Vegetarian and Vegetarian dishes followed by "Ghewar" an Indian sweet dish with its origins in Rajasthan.

It was a memorable evening and made more memorable courtesy of the ambiance at the venue, ghazals and old Hindi songs sung by all Rotarians, and mouth-watering cuisine.

**Anjali Sehgal**





<b>President</b>	: Vinod Sawhney
<b>Immediate Past President</b>	: Radhika Backliwal Narain
<b>Secretary &amp; PE</b>	: Sandeep Chopra
<b>Vice President</b>	: Neera Gupta
<b>Vice President</b>	: Saroja Vaidyanathan
<b>Joint Secretary</b>	: Surinder Thapar
<b>Treasurer</b>	: Anil Jain
<b>Director</b>	: H S Poddar
<b>Director</b>	: Veena Hora
<b>Director</b>	: K S Vaidyanathan
<b>Director</b>	: Rohit Jain
<b>Director</b>	: Col. A.T. Gajraj
<b>Director</b>	: Rippu Daman Sudershan
<b>Director</b>	: J P Shukla
<b>Club Advisor</b>	: Giridhar Govind
<b>Club Advisor</b>	: Umesh Dayal
<b>Club Trainer</b>	: Suresh Bhasin
<b>Sgt-at-arms</b>	: M M Janveja



## The 4-Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it Build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned?

## UPCOMING EVENT

Independence day  
Celebration  
Visit  
Kusumpur Pahadi School



T. Ramanathan Sunder  
29<sup>th</sup> July  
Col. A.T. Gajraj  
4<sup>th</sup> August  
H.S. Poddar  
8<sup>th</sup> August